MAKE A FIELD JOURNAL

MATERIALS
• construction paper (9x12 inches or 22.86x30.48 centimetres)
• 10 sheets of blank paper or graph paper (8.5x11 inches or 21.59x27.94 centimetres)
• stapler
• pen or pencil

INSTRUCTIONS
• fold the construction paper in half, bringing the two short edges together
• stack together blank or graph paper and fold in half the same way
• fold the construction paper around the folded blank paper
• put two staples close to the fold to hold everything together, ask an adult for help
• write your name on the outside cover and add designs to make it your own
• use the inside pages to record your observations

TIPS
• if it is too hard to staple, try making more than one field journal with fewer inside pages
• using scissors, you can round the corners of the construction paper
• field journals usually have brightly coloured covers, why do you think this is?