

MAKE A FIELD JOURNAL

MATERIALS

- construction paper (9x12 inches or 22.86x30.48 centimetres)
- 10 sheets of blank paper or graph paper (8.5x11 inches or 21.59x27.94 centimetres)
- stapler
- pen or pencil



INSTRUCTIONS

- fold the construction paper in half, bringing the two short edges together
- stack together blank or graph paper and fold in half the same way
- fold the construction paper around the folded blank paper
- put two staples close to the fold to hold everything together, ask an adult for help
- write your name on the outside cover and add designs to make it your own
- use the inside pages to record your observations

TIPS

- if it is too hard to staple, try making more than one field journal with fewer inside pages
- using scissors, you can round the corners of the construction paper
- field journals usually have brightly coloured covers, why do you think this is?

